

Creating an Emergency Kit & Emergency G-tube Replacement



Supplies you will need for an Emergency Kit:

- Foley Catheter or an extra G-tube button
 - The foley catheter should be in the same french size as the g-tube your child currently has, or a size smaller.
 - Ask your medical supply company if they are able to provide these supplies, if you do not already have them on hand.
- Water Based Lubricant (SurgiLube or K-Y Jelly)
 - Packets of lubricant are preferable, you can also use a syringe to hold lubricant, as long as it has a cap on the syringe or it is wrapped (i.e. in plastic wrap) so that it doesn't leak and it is air tight.
- 5ml syringe
 - Make sure that the syringe fits into the balloon port of the G-tube button (is a slip tip)
- 60ml syringe
- Extension set, if you are including a G-tube button
- Medical tape
- Bottle of water
- Clamp from one of your old extension sets, if you are using a Foley Catheter (see the instructional video link on page 2)

If you have a full button kit in your emergency kit, you will still need have water based lubricant and water on hand.

In the event that your child's g-tube is pulled out or falls out - **DO NOT PANIC**. It is important to replace the tube with the Foley Catheter or a G-tube button you keep in your emergency kit. The tract that the g-tube enters the stomach through can close very quickly. It is very important to replace the tube as soon as possible. If your child's g-tube has been placed **less than _____ weeks ago**, go directly to the ER or call the _____ at _____ during the following hours _____.

If placed more than ____ weeks ago:

- Remove the Foley Catheter or the g-tube button you have in your emergency kit.
- Coat the end of the tube or button balloon with the lubricant.

FOR Foley Catheters:

- Insert the end of the tube into the opening of the abdominal wall, gently, about 3-4 inches.
- Using a 5cc syringe, fill the balloon with 5ml of water into the part that inflates the balloon.
- Pull back gently on the tube until you meet some resistance.
- Secure the tube with tape.
- Attach the 60ml syringe and slowly draw back stomach contents to assure proper placement of the tube
- Then verify placement with the free-flow of a small amount of water.

You can administer feedings through a Foley Catheter for the time-being until you can be seen in _____ or you obtain a more permanent g-tube, if you don't already have one.

FOR G-tube button:

- Insert into the stoma.
 - If there is any significant resistance. Do not push. Call _____ or go the nearest ER with your emergency kit.
- Using the 5cc slip tip syringe, fill the balloon port with 3-5mls of water, depending on your g-tube button.
- Attach an extension set. Using the 60ml syringe slowly draw back stomach contents to assure proper placement of the tube.
- Then verify placement with the free-flow of a small amount of water.

If unable to replace your child's g-tube, take your emergency kit to the nearest ER or call the _____ at _____, during these hours _____.

This emergency kit should be with your child at all times, at school, if traveling, or even on a long day of errands.

Please view Feeding Tube Awareness Foundation's video that show how to place a Foley Catheter, or use the G-tube that fell out to keep the stoma from closing, in an emergency.

<http://www.feedingtubeawareness.org/video-tutorials.html>

OR

<https://www.youtube.com/watch?v=1Ue63A2ULUI&feature=youtu.be>

